

# How to export a list of mobility activities using an XLS file

- [eLearning video](#)
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- [Related videos](#)

After an application is awarded and a grant agreement is signed the project is considered to be **ongoing** and is part of the implementation phase of project management for beneficiaries of Erasmus+ or European Solidarity Corps programmes.

This page provides a video that shows how to **export** a list of mobility activities using an XLS file in beneficiary projects.

## eLearning video

Click the **play** button to begin. Adjust audio and screen size accordingly.

eLearning Module	Export and import of mobility activities
Chapter	2 of 4
Video title	How to export a list of mobility activities using an XLS file
Learning objective	To demonstrate how to export a list of mobility activities using an XLS file
Length	5 min 10 sec
Subtitles	EN + Autotranslation to other languages
Samples	Video based on Action Type: KA131 HED Beneficiary release version: <a href="#">bm_1_11_0</a> - <a href="#">bm_1_13_0</a>
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## Read further on this topic

- [Beneficiary Guides - Project implementation phase](#)
- [Beneficiary module guide](#)
- [Data Dictionary and Mobility Import-Export templates](#)
- [Edit the import file](#)
- [Export and import mobility activities or participations using xlsx files](#)
- [How to export a list of mobility activities using an XLS file](#)
- [Introduction to export and import of mobility activities](#)
- [Latest data dictionary updates](#)
- [Limitations for Mobility Activity Import/Export for KA151, KA152, KA153 and KA154 \(2021, 2022, 2023\)](#)
- [Manage export and import of mobility activities or participations](#)
- [View mobility activity import error logs](#)

## Related videos

- [How to add a mobility activity in Beneficiary module](#)
- [How to update contacts in Beneficiary module](#)
- [eLearning videos for the Beneficiary module](#)
- [How to export a list of mobility activities using an XLS file](#)
- [Introduction to export and import of mobility activities](#)
- [Navigation and basic functionality in Beneficiary module](#)
- [How to submit the beneficiary report in Beneficiary module](#)
- [Management of HEI organisations](#)
- [Introduction to managing participating organisations](#)
- [How to link BIP \(Blended intensive programme\) to a mobility activity](#)
- [Beneficiary module basics](#)