

# Participant Report Form – Call 2023 – KA1 – Learning Mobility of Individuals – Student mobility for traineeships in higher education

Fields marked with \* are mandatory.

Document code: EP-KA1-HE-Traineeship-2023

## 1 Purpose of the Participant Report

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This report on your mobility experience will provide the EU's Erasmus+ programme with valuable information which will benefit both future participants and contribute to the continued improvement of the programme. We are grateful for your co-operation in filling out the questionnaire.

All personal data mentioned in this form will be processed in accordance with Regulation (EC) No 2018 /1725 of the European Parliament and of the Council of 23 October 2018 on the protection of natural persons with regard to the processing of personal data by the European Union institutions, bodies, offices and agencies and on the free movement of such data. This report, once submitted, will be accessible to the coordinating institutions, their national agencies and the European Commission. More details in [Specific Privacy statement](#).

**Please make sure you have the information of your Learning Agreement, Grant Agreement and Transcript of Records (if applicable) with you BEFORE you start filling in this report.**

## 2 Identification of the participant

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### \* 2.1 First and last name

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

### \* 2.2 Mobility end date (end date of the physical or virtual component - which ever one is later)

The date on which your mobility activity ended, provided for information only. Should this date be incorrect, please contact the person responsible for management of your mobility to correct this date.

### \* 2.3 Sending institution

\* 2.4 Receiving institution/enterprise/organisation

\* 2.5 Host country

\* 2.6 Email address where I can be contacted in the future

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

Please correct this email address if necessary.

### 3 General information about your mobility

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\* 3.1 Participation in blended mobility

- Yes
- No

\* 3.2 Is your mobility taking place within a European University Alliance?

Are both your sending and receiving institution are a part of the same European University Alliance?

- Yes
- No
- I don't know

\* 3.3 Was your traineeship...

The options below correspond to Table B of the Learning Agreement for Traineeships.

- embedded in your curriculum, counting towards the degree
- a voluntary traineeship, not obligatory for the degree
- a traineeship for recent graduates

\* 3.4 Was it mandatory to carry it out abroad?

- Yes
- No

\* 3.5 Have you participated in a short-term physical mobility or blended intensive programme prior to this mobility?

- Yes
- No

\* 3.6 Top-up grant for students with fewer opportunities

- Yes
- No

\* 3.7 Additional travel support for green travel

- Yes
- No

\* 3.8 Did the availability of the green travel support encourage you to use sustainable means of transport for travelling to and from your mobility destination?

- Yes
- No
- No, I would have travelled by sustainable means anyways
- No, there was no realistic/suitable option to travel the majority of the journey by sustainable means
- No, travelling by sustainable means was still too expensive
- I am not sure

\* 3.9 Did your sending or receiving institution make you aware of your rights and obligations on mobility in line with the Erasmus Student Charter?

- Yes
- No
- I didn't know about the Erasmus Student Charter

## 4 Motivation for your mobility

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\* 4.1 What were your main motivations for doing a traineeship abroad?

Multiple answers are possible.

- To work and train in a foreign language
- To experience a different learning and working context
- To learn/improve a foreign language
- To develop soft skills, such as adaptability, problem solving, curiosity, etc.
- To enhance my future employability in my home country
- To enhance my future employability abroad
- To experience different learning and work practices
- To live abroad and to meet new people
- To gain knowledge of another country
- To build up a personal and professional network
- To spend time with friends or family who live abroad
- To join my friends who were going on mobility

\* 4.2 How did you find out about the possibility to do an Erasmus+ traineeship?

Multiple answers are possible.

- Website of the sending institution
- Website of the receiving institution/enterprise/organisation
- Academic staff at the sending institution

- Administrative staff at the sending institution
- Erasmus+ App
- Fellow students
- Friends
- Family
- Erasmus+ Student and Alumni Association
- Online search
- Social media
- Information event/fair
- Word of mouth

\* 4.3 Are you planning to take part in Erasmus+ mobility again?

- Yes
- No
- Undecided

\* 4.4 Why did you decide to participate in a short-term physical mobility rather than a long-term physical mobility?

Multiple answers are possible.

- I was not able to go for a long-term mobility because of financial reasons
- I was not able to go for a long-term mobility because of a disability or an illness
- I was not able to go for a long-term mobility because of caring responsibilities
- I was interested in the content of the traineeship offered in this format
- I was interested in the blended mobility format
- I wanted to try a shorter mobility before committing to a long-term mobility
- It was necessary for my degree
- A teacher/my faculty recommended it
- I was not sure a long-term mobility would be feasible due to Covid-19
- This was the only type of mobility that was offered to me
- Other

\* 4.5 Are you more likely to consider going on a long-term physical mobility than before?

- Yes
- No
- I don't know

4.6 What were the criteria for you to choose your receiving enterprise/organisation?

	Very Important	Important	No opinion	Less important	Not important
* Collaboration between my sending institution and enterprises/organisations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Traineeship offer	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Reputation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Facilities and support services	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Feedback from Erasmus+ alumni	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Language	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Country	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* City and culture	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Social life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I would like to work at this enterprise /organisation/institution after my traineeship	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I already had connections within this enterprise/organisation/institution	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

\* 4.7 If other, please specify.

\* 4.8 How did you find this particular traineeship position?

- Through my sending institution
- Through a mobility consortium that my sending institution is a member of
- Through an advertisement from the receiving enterprise/organisation
- Through an intermediary organisation
- Through a website with traineeship offers
- Through the website erasmusintern.org
- Through an Erasmus+ Alumni
- Through social media
- Via LinkedIn
- Other

\* 4.9 If other, how?

\* 4.10 Would it have been financially possible for you to go on an Erasmus+ stay abroad without the Erasmus+ grant?

- Yes
- Maybe
- No
- Not applicable

\* 4.11 Would you have participated in the mobility if you had not received the top-up grant?

- Yes
- No
- I don't know
- Not applicable

## 5 Satisfaction with your mobility

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\* 5.1 How satisfied are you with your Erasmus+ mobility experience in general?

- Very satisfied

- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

\* 5.2 Would you recommend this experience to another student?

- Yes
- No

\* 5.3 How satisfied were you with the quality of the virtual component?

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

\* 5.4 Please explain why?

5.5 If you wish, please provide additional comments about your experience with the virtual component as part of a blended mobility

\* 5.6 Do you feel the selection procedure at your sending institution was fair and transparent?

- Yes
- No
- Cannot judge

\* 5.7 How useful did you find the Erasmus+ App in assisting you with your Erasmus+ mobility?

- Very useful
- Somewhat useful
- Useful
- Not very useful
- Not useful at all
- I didn't use the App

\* 5.8 The Erasmus+ grant is intended to provide a contribution to the additional costs incurred due to your Erasmus+ mobility compared to the cost of studying at your sending institution. According to your estimate, to what extent did the Erasmus+ grant (EU funds only) contribute to your additional expenses related to your mobility period?

If you are receiving funds from other sources please do not include those in your estimation.

- 0-25%
- 26-50%
- 51-75%
- 76-100%

\* 5.9 How satisfied were you with your accommodation?

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

## 6 Outcomes of your mobility

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\* 6.1 Do you think that you have benefited from your participation in Erasmus+ learning mobility?

- Yes
- No

\* 6.2 Do you think that your tasks during the traineeship were relevant to your studies and educational profile?

- Yes
- Only partially
- No

\* 6.3 If you had the opportunity, would you work for this receiving enterprise/organisation/institution?

- Yes
- Not sure
- No

\* 6.4 Were you offered a job/employment by the receiving enterprise/organisation/institution following your traineeship?

- Yes
- No

6.5 Through my stay abroad with Erasmus+, I learned better how to...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
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* think logically and draw conclusions (analytical skills)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* find solutions in difficult or challenging contexts (problem-solving skills)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* plan and carry out my learning independently	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* use online resources and devices, e.g. for my studies, work and personal activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* make use of social media	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* take part in virtual work activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* develop an idea and put it into practice	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* experience and appreciate different cultures	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* engage or interact with different social groups	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* work better in a team	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* plan and organise tasks and activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* express myself creatively	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* play a sport/instrument	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

### 6.6 After having taken part in this mobility activity...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
* I am more confident in my abilities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I know better my strengths and weaknesses	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more able to adapt to and act in new situations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more able to think and analyse information critically	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more tolerant towards other persons' values and behaviour	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I feel more confident in an intercultural setting	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more open-minded and curious about new challenges	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* I am more interested in current affairs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more able to reach decisions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more able to cooperate with people from other backgrounds and cultures	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more interested in European topics	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I have improved specific skills in my field of study	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

### 6.7 Thanks to this stay abroad with Erasmus+...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
* I believe that my chances to get a new or better job have increased	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I have a clearer idea about my professional career aspirations and goals	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I have better opportunities for traineeships or student jobs in my home country	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am better capable of taking over work tasks with high responsibility	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more likely to become an entrepreneur	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

### 6.8 How has the stay abroad changed the way you see your future work?

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
* I can easily imagine working abroad at some point in the future	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I can easily imagine working in the country where I did my Erasmus+ period in the future	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I would like to work in an international context	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

In the next question, we ask you about your 'European sense of belonging'. This expression refers to your feeling of being European, belonging to the same community as other Europeans, and sharing common identity, culture and values with them.

\* 6.9 Do you think that you have an increased European sense of belonging after your participation in Erasmus+ learning mobility?

- Yes
- No

## 7 Erasmus+ priorities

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\* 7.1 The Erasmus+ programme supports a number of key European political priorities: inclusion and diversity, environmental sustainability, digital education, and participation in democratic life. Do you think that as a result of your mobility activity you have acquired knowledge or ideas relevant for one or more of these priorities?

- Yes
- No

7.2 As a result of my mobility activity...

Multiple answers are possible

- I have learned more about environmental, climate and sustainability issues.
- I have changed my habits to become more sustainable.
- I have a better understanding of the diversity in my society.
- I am more committed to work against discrimination, intolerance, xenophobia and racism.
- I am more interested in participating in elections, in other democratic processes, and in the life of my local community.
- I have learned more about Europe, the European Union and European values.
- I have learned more about new and useful ways to apply digital technology.
- I am eager to use more digital technologies in my studies or work.

7.3 Why do you think that your mobility activity did not produce any results relevant for the Erasmus+ priorities?

## 8 Language skills

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\* 8.1 What was the main language used during your traineeship?

- Bulgarian
- Croatian
- Czech
- Danish
- Dutch
- English

- Estonian
- Finnish
- French
- German
- Greek
- Hungarian
- Irish
- Italian
- Latvian
- Lithuanian
- Maltese
- Polish
- Portuguese
- Romanian
- Slovak
- Slovenian
- Spanish
- Swedish
- Albanian
- Icelandic
- Letzeburgesch
- Macedonian
- Moldavian
- Montenegrin
- Norwegian
- Russian
- Serbian
- Turkish
- Ukrainian
- Aragonese
- Basque
- Bosnian
- Breton
- Catalan
- Corsican
- Faroese
- Gaelic (Scots)
- Gallegan
- Limburgan; Limburger; Limburgish
- Norwegian Bokmael
- Norwegian Nynorsk
- Sardinian
- Walloon
- Welsh
- Esperanto
- Interlingua
- Other

\* 8.2 If other, please specify

\* 8.3 Do you feel you have improved your skills in this language during your stay abroad?

- Yes
- No, I was already fluent
- No

\* 8.4 Did you take advantage of any language support in learning this main teaching language?

- Yes
- No

\* 8.5 What kind of support did you receive?

Multiple answers are possible.

- Erasmus+ Online Language Support (OLS)
- Language course/training provided by the sending institution
- Language course/training provided by the receiving institution/enterprise/organisation
- Financial support to carry out a self-study (e.g. for books, app subscriptions, online material)
- Other

\* 8.6 If other, please specify

\* 8.7 Do you feel that the OLS helped you improve your language level?

- Yes
- No

\* 8.8 Overall, how satisfied were you with the OLS experience?

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

\* 8.9 Why didn't you take advantage of language support?

Multiple answers are possible.

- I did not ask for it
- I did not need it because my knowledge of the foreign language was adequate
- I did not have time

- The sending/receiving institutions did not provide it to me
- I was not aware I could receive language support
- The proposed support was not adequate
- Other

\* 8.10 If other, please specify

\* 8.11 What factors contributed the most to the improvement of your skills in this language?

Multiple answers are possible

- My work in the receiving institution/enterprise/organisation
- Interacting with locals
- Using language support provided by the Erasmus+ programme (OLS)
- Using private language support
- Interaction with other international trainees
- Other

\* 8.12 While staying abroad, did you improve your competence in other languages besides the main one used?

- Yes
- No

\* 8.13 What was that language?

- Bulgarian
- Croatian
- Czech
- Danish
- Dutch
- English
- Estonian
- Finnish
- French
- German
- Greek
- Hungarian
- Irish
- Italian
- Latvian
- Lithuanian
- Maltese
- Polish

- Portuguese
- Romanian
- Slovak
- Slovenian
- Spanish
- Swedish
- Albanian
- Icelandic
- Letzeburgesch
- Macedonian
- Moldavian
- Montenegrin
- Norwegian
- Russian
- Serbian
- Turkish
- Ukrainian
- Aragonese
- Basque
- Bosnian
- Breton
- Catalan
- Corsican
- Faroese
- Gaelic (Scots)
- Gallegan
- Limburgan; Limburger; Limburgish
- Norwegian Bokmael
- Norwegian Nynorsk
- Sardinian
- Walloon
- Welsh
- Esperanto
- Interlingua
- Other

## 9 Recognition of mobility

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### \* 9.1 What was the final type of Learning Agreement you signed?

Learning Agreement: a binding agreement between the student, the sending and the receiving institution, including a group of educational components that the student needs to complete at the receiving institution and that will be recognised by the sending institution upon his/her return from the mobility period.

- Online Learning Agreement
- Learning Agreement on paper
- I don't know

\* 9.2 Was your Learning Agreement signed by all parties before the start of your traineeship?

- Yes, all parties signed it before the start
- No, some parties signed it after the start
- The learning agreement was never signed

\* 9.3 Who signed after the start of your traineeship?

- I (the student) did
- The sending institution did
- The receiving institution/enterprise/organisation did

\* 9.4 Was your Learning Agreement changed during your mobility?

- Yes
- No

\* 9.5 Why was it changed?

Multiple answers are possible.

- I extended my stay abroad
- I decided to change the content of the traineeship
- The sending institution required some changes
- The receiving institution/enterprise/organisation required some changes
- Other

\* 9.6 If other, please specify

\* 9.7 Is the recognition process for your mobility finalised?

- Yes, the process is finalised
- No, the recognition process is still ongoing
- No credits were foreseen in the learning agreement

\* 9.8 Did you gain academic recognition for your mobility?

Following successful completion of the Traineeship Programme described in Table A (and, if applicable, A2) of the official Learning Agreement template, the Sending Institution:

**Full recognition:** counts all credits as specified in table B (i.e. recognition at the sending institution) of the final version of the Learning Agreement towards the degree programme, without the need to take any further courses or exams. The mobility period is automatically recognised as agreed by all parties in the learning agreement.

**Partial recognition:** does not count some of the credits as specified in the table B (recognition at the sending institution) of the final version of the Learning Agreement towards the degree programme; or counts all the credits as specified in table B towards the degree programme but requires you to take further courses or exams.

**No recognition:** does not count any of the credits as specified in table B (recognition at the sending institution) of the final version of the Learning Agreement towards the degree programme.



- Full recognition
- Partial recognition
- No recognition

\* 9.9 what extent do you expect to gain academic recognition for your mobility when the recognition process is finalised?

Following successful completion of the Traineeship Programme described in Table A (and, if applicable, A2) of the official Learning Agreement template, your sending Institution:

**Full recognition:** counts all credits as specified in table B (i.e. recognition at the sending institution) of the final version of the Learning Agreement towards the degree programme, without the need to take any further courses or exams. The mobility period is automatically recognised as agreed by all parties in the learning agreement.

**Partial recognition:** does not count some of the credits as specified in the table B (recognition at the sending institution) of the final version of the Learning Agreement towards the degree programme; or counts all the credits as specified in table B towards the degree programme but requires you to take further courses or exams.

**No recognition:** does not count any of the credits as specified in table B (recognition at the sending institution) of the final version of the Learning Agreement towards the degree programme.

- Full recognition
- Partial recognition
- No recognition

\* 9.10 What were the main obstacles to recognition?

The Traineeship Certificate is Table D of learning agreement - After the mobility

- Content of the traineeship or part of it was not accepted by the sending institution
- Problems with credit calculation
- Problems with not receiving the Traineeship Certificate from the receiving institution/enterprise/organisation
- No academic recognition was foreseen
- Other

\* 9.11 Please specify what kind of obstacles you experienced.

\* 9.12 Did you receive a grade from your sending institution?

- Yes
- No

\* 9.13 Please indicate what the grade that you received at your sending institution was based on.

- On my Traineeship Certificate
- On my final report
- On an interview
- On an assessment/exam
- Other

\* 9.14 If other, please specify.

\* 9.15 Did you receive a Traineeship Certificate from the receiving enterprise/organisation at the end of your traineeship?

- Yes
- No, the receiving institution/enterprise/organisation will not provide me with a Traineeship Certificate
- No, I have not received it yet but the receiving institution/enterprise/organisation will provide me with a Traineeship Certificate within 5 weeks after the end of my traineeship

\* 9.16 Why is your receiving institution/enterprise/organisation not providing you with a traineeship certificate?

\* 9.17 Will your traineeship be recorded by the sending institution in the following documents?

Multiple answers are possible.

- Transcript of Records
- Diploma Supplement
- Europass Mobility Document
- None of the above

\* 9.18 Will your traineeship be recorded by the sending institution in the Europass Mobility document?

- Yes
- No
- I don't know

## 10 Assessment of support received

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**At the receiving institution**

10.1 How satisfied were you with the support arrangements provided by your receiving institution/enterprise /organisation?

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied	Not applicable
* Administrative support	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Academic support	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Degree of supervision during the traineeship	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Mentoring	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Support from student initiatives /organisations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Help with personal needs and problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Help with inclusion needs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Social integration with colleagues	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Engagement with the local community	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Guidance on how to find accommodation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* Assistance with dealing with questions or complaints	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Support to make the most use of virtual learning (such as mentoring or access to equipment or facilities)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

\* 10.2 If you had a negative experience concerning support and organisational arrangements, mentoring or supervision, please explain further.

\* 10.3 Did you require a visa in order to participate in this mobility?

Yes

No

10.4 How satisfied were you with assistance related to visa issues?

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied	I did not request assistance related to visa issues
* provided by your sending institution?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* provided by your receiving institution /enterprise /organisation?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

\* 10.5 How much did you have to pay (approximately) for obtaining the visa?

*Only values of at most 9999 are allowed*

Please include costs for visa issuing fees and also travel costs for obtaining the visa.

	EUR/month
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10.6 Did you have this type of insurance during your mobility?

	Yes	No	I don't know
* Health insurance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Accident insurance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Liability insurance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

\* 10.7 Who covered the cost of Health insurance?

- I did
- The sending institution
- The receiving institution
- A combination
- I don't know

\* 10.8 Who covered the cost of Accident insurance?

- I did
- The sending institution
- The receiving institution
- A combination
- I don't know

\* 10.9 Who covered the cost of Liability insurance?

- I did
- The sending institution
- The receiving institution
- A combination
- I don't know

10.10 How satisfied were you with assistance related to insurance issues?

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied	I did not request assistance related to insurance issues
* provided by your sending institution?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* provided by your receiving institution /enterprise /organisation?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



\* 10.11 Did you receive support or participated in activities organised by any of the following students organisations?

Multiple answers are possible.

- Erasmus+ Student and Alumni Association
- Erasmus Student Network
- GarageErasmus
- Erasmus Mundus Association
- OCEANS
- Student Unions/Clubs
- AEGEE
- AIESEC
- None of the above
- Other

\* 10.12 If other, please specify

**Sending institution**

10.13 How satisfied were you with the support provided by your sending institution?

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied	Not applicable
* Administrative support	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Academic support	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Support from student initiatives /organisations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Help with personal needs and problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Mental health support	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Help with inclusion needs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Support to make the most use of virtual learning (such as mentoring or access to equipment or facilities)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

\* 10.14 Did you receive the grant payments on time, in line with the dates mentioned in your grant agreement?

Tick "not applicable" in case you did not receive any grants from the Erasmus+ programme (zero grant student).

- Yes
- No
- Not applicable

\* 10.15 Did you provide all the documentation in time?

- Yes
- No

## 11 Conclusions

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11.1 If you wish, please give any additional information, observations, comments or recommendations that may be useful for students wishing to go abroad, for your sending and receiving higher education institutions, National Agency or the European Commission in view of improving the Erasmus+ student mobility action.

## 12 Consent

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\* 12.1 I'm willing to help future Erasmus+ participants based on my experience. They can contact me at my email address.

- Yes
- No

\* 12.2 I agree that (parts of) this report can be published and made available to the general public.

- Yes, with my name and email address
- Yes, but anonymised (no name, no email address)
- No

\* 12.3 I agree that my email address will be used later to contact me for further studies related to the content of this report or regarding the Erasmus+ Programme and EU issues

- Yes
- No

\*

12.4 I authorise the European Commission to share my personal data (first and last name, email address) and mobility-related data (the names of my sending and receiving institutions) with the Erasmus+ Student and Alumni Alliance (ESAA – web link: <http://www.esaa-eu.org>) for information on professional, volunteering and networking opportunities with other Erasmus+ students and alumni.

- I agree
- I do not agree

\* 12.5 I authorize the European Commission to share my personal data (year of birth, gender, and [only if needed] first and last name, email address) and study-related data (field of study, mobility period, the names of my sending and receiving institutions) for further research purposes (for example related to graduate tracking).

- Yes
- No