

Participant Report Form – Call 2020 – KA1 – Learning Mobility of Individuals – Student mobility for traineeships in higher education

Fields marked with * are mandatory.

Document code: EP-KA1-HE-Traineeship-2020

1 Purpose of the Participant Report

This final report on your mobility experience will provide the EU's Erasmus+ programme with valuable information which will benefit both future participants and contribute to the continued improvement of the programme. We are grateful for your co-operation in filling out the questionnaire.

All personal data mentioned in this form will be processed in accordance with Regulation (EC) No 2018 /1725 of the European Parliament and of the Council of 23 October 2018 on the protection of natural persons with regard to the processing of personal data by the European Union institutions, bodies, offices and agencies and on the free movement of such data. This report, once submitted, will be accessible to the coordinating institutions, their national agencies and the European Commission. More details in Specific Privacy statement.

Please make sure you have the information of your Learning Agreement, Grant Agreement and Transcript of Records (if applicable) with you BEFORE you start filling in this report.

2 Identification of the Participant and General Information

2.1 First and last name
See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.
2.2 Mobility start date
The date on which your mobility activity started, provided for information only. Should this date be incorrect, please contact the person responsible for management of your mobility to correct this date.

The date on which your mobility activity ended, provided for information only. Should this date be incorrect, please contact the person responsible for management of your mobility to correct this date.
responsible for management of your mobility to correct this date.
* 2.4 Email address, where I can be contacted in the future
See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.
Please correct this email address if necessary.
*2.5 What were your main motivations for training abroad?
Multiple answers are possible.
To do a traineeship in a foreign language
To experience different learning contents
To learn/improve a foreign language
To develop soft skills, such as adaptability, problem solving, curiosity, etc.
To enhance my future employability in my home country
To enhance my future employability abroad
To experience different learning practices
To live abroad and to meet new people
To gain knowledge of another country
To build up a personal and professional network
*2.6 What were your additional motivational factors for training abroad?
Multiple answers are possible.
The length of the traineeship period was appropriate
The possibility to receive an Erasmus+ grant
The quality of the receiving enterprise/organisation
A good alignment of the traineeship abroad with the curriculum at the sending institution
Available support in finding accommodation
Other
* 2.7 If other, please specify.
*2.8 How did you find out about the possibility to do an Erasmus+ Traineeship?
Multiple answers are possible.
Website of the sending institution
Academic staff at the sending institution
Administrative staff at the sending institution
Fellow students
Friends

Erasmus+ Student and Alumni Association
Online search
☐ Information event
*2.9 Are you planning to take part in Erasmus+ mobility again?
Yes
Undecided
3 Overall Satisfaction
*3.1 How satisfied are you with your Erasmus+ mobility experience in general?
Very satisfied
Rather satisfied
Neither satisfied nor dissatisfied
Rather dissatisfied
Very dissatisfied
*3.2 Would you recommend this experience to another student?
O Yes
O No
*3.3 Have you participated in any virtual mobility period?
O Yes
O No
*3.4 How satisfied were you with the quality of the virtual mobility period?
Very satisfied
Rather satisfied
Neither satisfied nor dissatisfied
Rather dissatisfied
Very dissatisfied
*3.5 Please explain why?
*3.6 Will you gain academic recognition from your sending institution for the virtual mobility period?
Full recognition
Partial recognition
No recognition

*3.7 Did you receive any additional financial support to make the most use of this experience?	
Yes	
O No	
* 3.8 How satisfied were you with the support provided?	
Very satisfied	
_ *	
- Harrist Galleried	
Neither satisfied nor dissatisfied	
Rather dissatisfied	
Very dissatisfied	
* 3.9 Please explain why?	
* 3.10 Did you receive any other additional support to make the most use of this experience (such as	
mentoring or access to equipment or facilities)?	
Yes	
O No	
* 3.11 How satisfied were you with the support provided?	
Very satisfied	
Rather satisfied	
Neither satisfied nor dissatisfied	
Rather dissatisfied	
Very dissatisfied	
Very dissatisfied	
* 3.12 Please explain why?	
3.13 If you wish, please provide additional comments about your experience with the virtual mobility per	iod.

4 Quality of the Traineeship

* 4.5 If other, please specify.

profile?

pervision you i	received durii	ng your trai	neeship from	the	
 * 4.3 If you had the opportunity, would you work for this receiving enterprise/organisation? Yes No No 4.4 What were the criteria for you to choose your receiving enterprise/organisation? 1 - most important criterion to 5 - least important criterion 					
Very Important	Important	No opinion	Less important	Not important	
			'	Important	
0	0	0	0		
0	0	0			
			0	0	
0	0	0	0	0	
0	0	0	0	0	
	0	0 0	0 0	0	
	0 0	0 0	© © © ©		
			© © © © ©		
	0 0 0 0	0 0 0 0 0 0			
	your receiving	your receiving enterprise/on	rk for this receiving enterprise/organisation your receiving enterprise/organisation Very Important No	your receiving enterprise/organisation? Very No Less	

*4.1 Do you think that your tasks during the traineeship were relevant to your studies and educational

5 Academic Recognition of the Traineeship
*5.1 Was your traineeship
The options below correspond to Table B of the Learning Agreement for Traineeships embedded in your curriculum, counting towards the degree
a voluntary traineeship, not obligatory for the degree
traineeship for recent graduates
*5.2 Was it mandatory to realise it abroad?
O Yes
O No
*5.3 Was the Learning Agreement signed by all parties before the start of the traineeship?
Learning Agreement: a binding agreement between the student, the sending institution and the receiving organisation/enterprise (it
includes a detailed programme of the traineeship period, including tasks/deliverables, for which the student will receive a Traineeship
Certificate). Ves, all parties signed it before the start
No, some parties signed it after the start
The learning agreement was never signed
*5.4 If no, who signed after the start of your traineeship?
Multiple answers are possible.
☐ I (the student) did
 The sending institution did The receiving enterprise/organisation did
The receiving enterprise/organisation did
*5.5 Was your Learning Agreement changed during your mobility period?
Yes
O No
*5.6 If yes, why was it changed?
Multiple answers are possible.
I extended my stay abroad
I decided to change the content of the traineeship
The sending institution required some changes
The receiving organisation/enterprise required some changes
Other

*5.7 If other, please specify

*5.8 Is the recognition process for your mobility period finalised?
Yes, the process is finalised
No, the recognition process is still on-going
No credits were foreseen in the learning agreement
*5.9 Did you gain academic recognition for your mobility period?
Following successful completion of the Traineeship Programme described in Table A (and, if applicable, A2) of the official Learning
Agreement template, the Sending Institution: Full recognition: recognises all the credits specified in the final version of the Learning Agreement (in Table B of the official template), according to its commitment and without further requirements than those agreed upon before the mobility. Partial recognition: does not recognise all the credits specified in the final version of the Learning Agreement (in Table B of the official template), but only part of it.
No recognition : does not recognise any of the credits specified in the final version of the Learning Agreement (in Table B of the official template).
Full recognition
Partial recognitionNo recognition
- No recognition
*5.10 To what extent do you expect to gain academic recognition for your mobility when the recognition
process is finalised?
Following successful completion of the Traineeship Programme described in Table A (and, if applicable, A2) of the official Learning Agreement template, the Sending Institution:
Full recognition: recognises all the credits specified in the final version of the Learning Agreement (in Table B of the official template),
according to its commitment and without further requirements than those agreed upon before the mobility. Partial recognition : does not recognise all the credits specified in the final version of the Learning Agreement (in Table B of the official
template), but only part of it.
No recognition : does not recognise any of the credits specified in the final version of the Learning Agreement (in Table B of the official template).
Full recognition
Partial recognition
No recognition
*5.11 What were the main obstacles to recognition?
Content of the traineeship or part of it was not accepted by the sending institution
Problems with credit calculation
Problems receiving the Traineeship Certificate from the receiving enterprise/organisationOther

*5.12 Please specify what kind of obstacles you experienced.

*5.13 Did you receive a grade from your sending institution? O Yes No
* 5.14 Please indicate on what the grade that you received at your sending institution was based. On my Traineeship Certificate On my final report On an interview Other
* 5.15 Did you receive a Traineeship Certificate from the receiving enterprise/organisation at the end of your traineeship? Yes No, the receiving enterprise/organisation will not provide me with a Traineeship Certificate No, I have not received it yet but the receiving enterprise/organisation will provide me with a Traineeship Certificate within 5 weeks after the end of my traineeship
* 5.16 Was your traineeship recorded by the sending institution in the following documents? Multiple answers are possible. Transcript of Records Diploma Supplement Europass Mobility Document
* 5.17 Was your traineeship recorded by the sending institution in the Europass Mobility document? O Yes O No 6 Foreign Language Skills and Linguistic Support
*6.1 What was the main language used during your traineeship? Bulgarian Croatian Czech Danish Dutch English Estonian Finnish

- French German Greek Hungarian Irish Italian Latvian Lithuanian Maltese Polish Portuguese Romanian Slovak Slovenian Spanish Swedish Albanian Icelandic Letzeburgesch Macedonian Moldavian Montenegrin Norwegian Russian Serbian Turkish Ukrainian Aragonese Basque Bosnian Breton Catalan Corsican Faroese Gaelic (Scots) Gallegan Limburgan; Limburger; Limburgish Norwegian Bokmael
- Norwegian Nynorsk
- Sardinian
- Walloon
- Welsh
- Esperanto
- Interlingua
- Other

^{*6.2} If other, please specify

* 6.3	Do you feel you have improved your skills in this language during your stay abroad? Yes No, I was already fluent No
* 6.4	Did you take advantage of any linguistic support in learning this main language? Yes No
	What kind of support did you receive? ultiple answers are possible. Erasmus+ Online Linguistic Support (OLS) Language course/training provided by the sending institution Language course/training provided by the receiving enterprise/organisation Financial support to carry out a self-study (DVD, books) Other
* 6.6	If other, please specify
* 6.7	Do you feel that the OLS helped you to improve your language level? Yes No
*6.8	Overall, how satisfied were you with the OLS experience? Very satisfied Rather satisfied Neither satisfied nor dissatisfied Rather dissatisfied Very dissatisfied
*6.9	For how long did you receive linguistic support in the overall? Less than 1 week Between 1 week and 3 weeks Between 3 weeks and 2 months Between 2 and 6 months More than 6 months

*6.10 Approximately, for how many hours in total?
Less than 10 hours
Between 10 and 30 hours
Between 30 and 50 hours
More than 50 hours
*6.11 Why didn't you take advantage of linguistic support?
Multiple answers are possible.
I did not ask for it
I did not need it because my knowledge of the foreign language was adequate
I did not have time
The sending/receiving organisations did not provide it to me
Other
* 6.12 If other, please specify
*6.13 While staying abroad, did you improve your competence in other languages besides the main one
used?
used?
used? O Yes
used? O Yes
used? © Yes © No
used? © Yes © No
used? Yes No Which were those languages? * 6.14 Language 1
used? Yes No Which were those languages? * 6.14 Language 1 Bulgarian
used? Yes No Which were those languages? * 6.14 Language 1 Bulgarian Croatian
used? Yes No Which were those languages? * 6.14 Language 1 Bulgarian Croatian Czech
used? Yes No Which were those languages? * 6.14 Language 1 Bulgarian Croatian Croatian Danish
used? Yes No Which were those languages? *6.14 Language 1 Bulgarian Croatian Czech Danish Dutch
used? Yes No Which were those languages? *6.14 Language 1 Bulgarian Croatian Czech Danish Dutch English
used? Yes No Which were those languages? *6.14 Language 1 Bulgarian Croatian Czech Danish Dutch English Estonian
used? Yes No Which were those languages? * 6.14 Language 1 Bulgarian Croatian Czech Danish Dutch English Estonian Finnish
used? Yes No Which were those languages? • 6.14 Language 1 Bulgarian Croatian Czech Danish Dutch English Estonian Finnish French
used? Yes No Which were those languages? * 6.14 Language 1 Bulgarian Croatian Croatian Dutch English Estonian Finnish French German
used? Yes No Which were those languages? *6.14 Language 1 Bulgarian Croatian Czech Danish Dutch English Estonian Finnish French German Greek
used? Yes No Which were those languages? * 6.14 Language 1 Bulgarian Croatian Czech Danish Dutch English Estonian Finnish French German Greek Hungarian
used? Yes No Which were those languages? * 6.14 Language 1 Bulgarian Croatian Czech Danish Dutch English Estonian Finnish French German Greek Hungarian Irish
used? Yes No Which were those languages? * 6.14 Language 1 Bulgarian Croatian Czech Danish Dutch English Estonian Finnish French German Greek Hungarian Irish

		Maltese
		Polish
		Portuguese
		Romanian
		Slovak
		Slovenian
		Spanish
		Swedish
		Albanian
		Icelandic
		Letzeburgesch
		Macedonian
		Moldavian
		Montenegrin
		Norwegian
		Russian
		Serbian
		Turkish
		Ukrainian
		Aragonese
		Basque
		Bosnian
		Breton
	0	Catalan
		Corsican
		Faroese
	0	Gaelic (Scots)
		Gallegan
	0	Limburgan; Limburgish
	0	Norwegian Bokmael
	0	Norwegian Nynorsk
	0	Sardinian
	0	Walloon
	0	Welsh
	0	Esperanto
	0	Interlingua
		Other
* 6.1	5 If	other, please specify
6.1	6 L	anguage 2
		Bulgarian
		Croatian
	0	Czech

Danish
Dutch
English
Estonian
Finnish
French
German
Greek
Hungarian
Irish
Italian
Latvian
Lithuanian
Maltese
Polish
Portuguese
Romanian
Slovak
Slovenian
Spanish
Swedish
Albanian
Clcelandic
Letzeburgesch
Macedonian
Moldavian
Montenegrin
Norwegian
Russian
Serbian
Turkish
Ukrainian
Aragonese
Basque
Bosnian
Breton
Catalan
Corsican
Faroese
Gaelic (Scots)

Gallegan

SardinianWalloonWelsh

Norwegian BokmaelNorwegian Nynorsk

Limburgan; Limburger; Limburgish

Personal Development					
Through my stay abroad with Erasmus+, I I	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongl disagre
* think logically and draw conclusions (analytical skills)	0	0	0	0	0
* find solutions in difficult or challenging contexts (problem-solving skills)	0	0	0	0	0
* plan and carry out my learning independently	0	0	0	0	0
* use the internet, social media and PCs, e. g. for my studies, work and personal activities	0	0	0	0	0
* use digital skills such as designing, developing, programming and/or managing IT systems, software, apps and websites	0	0	0	0	0
* see the value of different cultures	0	0	0	0	0
* cooperate in teams	0	0	0	0	0
* plan and organise tasks and activities	0	0	0	0	0
* express myself creatively	0	0	0	0	0
After having taken part in this mobility activ	ity				
	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongl disagre
* I am more confident and convinced of my	0	0	0	©	0

EsperantoInterlingua

abilities

* I know better my strengths and weaknesses	0	0	0	0	0
* I am more able to adapt to and act in new situations	0	0	0	0	0
* I am more able to think and analyse information critically	0	0	0	0	0
* I am more tolerant towards other persons' values and behaviour	0	0	0	0	0
* I am more open-minded and curious about new challenges	0	0	0	0	0
* I intend to participate more actively in social and political life of my community	0	0	0	0	0
* I am more interested in knowing what happens in the world daily	©	0	0	0	0
* I am more able to reach decisions	0	0	0	0	0
* I am more able to cooperate with people from other backgrounds and cultures	0	0	0	0	0
* I am more interested in European topics	0	0	0	0	0
* I feel more European	0	0	0	0	0
* I am more aware of social and political concepts like democracy, justice, equality, citizenship, civil rights	0	0	0	0	0
* I have increased my sector- or field- specific skills	0	0	0	0	0

8 Future Prospects of Education, Training and Work

8.1 Thanks to this stay abroad with Erasmus+...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
* I believe that my chances to get a new or better job have increased	0	0	0	0	0
* I have a clearer idea about my professional career aspirations and goals	0	0	0	0	0
* I have better opportunities for traineeships or student jobs in my home country	0	0	0	0	0

	* I am better capable of taking over work tasks with high responsibility after my stay abroad	0	0	0	0	©
8.2	How has the stay abroad changed the way	y you see yo	ur future wo	ork?		
		Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
	* I can easily imagine working abroad at some point in the future	0	0	0	0	0
	* I can easily imagine working in the country where I did my Erasmus+ period in the future	0	0	0	0	0
	* I would like to work in an international context	0	0	0	0	0
9 [Practical and Organisational A	rrangeme	ents			
* 9.1	Was the selection procedure at your sendi Yes No Unable to judge	ing institution	fair and tra	ansparent?		
* 9.2	How did you find the traineeship position? Through my sending institution Through a mobility consortium that my ser Through an advertisement by the receiving By an intermediary organisation Through a website with traineeship offers Through the website erasmusintern.org	nding institutio		per of		

	Through an Erasmus+ AlumniOther
	Other Control
* 9.3	If other, how?
* 9.4	Did you require a visa in order to participate in this mobility?
	© Yes
	O No

9.5 If yes, how satisfied were you with assistance related to visa issues?

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied	Not applicable
* provided by your sending institution	0	0	0	0	0	0
* provided by your receiving enterprise /organisation	0	•	•	•	•	•

9.6 How satisfied were you with assistance related to insurance issues?

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied	I did not request assistance related to insurance issues
* provided by your sending institution	0	0	0	0	0	0
* provided by your receiving enterprise /organisation	0	0	0	0	0	0

	Was equal treatment ensured by your receivi gramme?	ng enterpri	ise/organi	sation d	uring yo	ur particip	oation in the
	O Yes						
	O No						
	Unable to judge						
* 9.8	If not please give examples to explain why yo	ou believe t	that equal	treatme	ent was r	not ensure	ed.
9.9	How would you consider your degree of integ	gration at y	our receiv	ing ente	erprise/or	ganisatio	n?
		Very good	Good	Fair	Poor	Very poor	Not applicable
	* In the everyday life of the receiving enterprise/organisation	0	0	0	©	0	0
	* With local trainees or employees	0	0	0	0	0	0
	* With other Erasmus+ / international trainees	0	0	0	0	0	0
	* With the local community	0	0	0	0	0	0
	 O How satisfied were you with the mentoring a erprise/organisation? Very satisfied Rather satisfied Neither satisfied nor dissatisfied Rather dissatisfied Very dissatisfied 	and suppor	t arranger	ments p	rovided t	by the rec	ceiving
	1 Did you have a mentor, different from the suganisation?YesNo	upervisor, f	or your su	pport w	hile you	were in th	ne enterprise
* 9.1	2 How satisfied were you with the mentor? Very satisfied Rather satisfied Neither satisfied nor dissatisfied Rather dissatisfied Very dissatisfied						

complaints or problems that may have come up during your participation in the programme? Very satisfied Rather satisfied Neither satisfied nor dissatisfied Rather dissatisfied
Rather satisfiedNeither satisfied nor dissatisfied
Rather satisfiedNeither satisfied nor dissatisfied
Very dissatisfied
Very dissatished
*9.14 If you had a negative experience concerning practical and organisational arrangements, please
explain.
10 Accommodation and Infrastructure
*10.1 How satisfied were you with the guidance you received from the receiving enterprise/organisation on
how to find accommodation?
Very satisfied
Rather satisfied
Neither satisfied nor dissatisfied
 Rather dissatisfied
Very dissatisfied
Not applicable
* 10.2 How satisfied were you with your accommodation?
 Very satisfied
Rather satisfied
Neither satisfied nor dissatisfied
Rather dissatisfied
Very dissatisfied
11 Costs
*11.1 Did you receive an Erasmus+ grant from EU funds?
*11.1 Did you receive an Erasmus+ grant from EU funds? © Yes
© Yes
YesNo
 Yes No * 11.2 What was the amount of your monthly Erasmus+ grant as written in your grant agreement?
YesNo
 Yes No * 11.2 What was the amount of your monthly Erasmus+ grant as written in your grant agreement?

Yes
O No
*11.4 Did you provide all the documentation in time?
O Yes
O No
*11.5 Did you have other sources of funding?
O Yes
O No
*11.6 What other source or sources of funding did you receive?
Multiple answers are possible.
State and/or regional grant(s)
Grant from your sending institution
Allowance from your receiving enterprise/organisation
Part-time job during your period abroad
State or regional loan
Private grant(s)
Private loan
Family
Own savings
Free or reduced accommodation costs
Advantages in kind
Other sources
*11.7 What was the monthly amount of the state and/or regional grant(s)?
Only values of at most 999 are allowed
EUR/month
23.17.11.01.11.1
*11.8 What was your average cost (accommodation and subsistence) per month during your period abroad
(EUR)?
Only values of at most 9999 are allowed
EUR/month
* 11.9 To what extent did the Erasmus+ grant (EU funds only) cover your overall expenses related to your
mobility period?
© 0-25%
© 26-50%
© 51-75%
© 76-100%

*11.10 Would you have gone on the Erasmus+ stay abroad if you had not received an Erasmus+ grant?

YesMaybe	
O No	
* 11.11 How much did you pay approximately for your travel to and from your receiving enterprise /organisation? Please indicate the price for one return journey. **Only values of at most 9999 are allowed** **EUR/one return journey* 12 Conclusions, Comments and Recommendations	
12.1 If you wish, please give any additional information, observations, comments or recommendations to may be useful for students wishing to go abroad and as well for your sending/receiving institution or organisation, the National Agency or the European Commission in view of improving the Erasmus+ students action.	
13 Publication and Usage Rights of the Information and of the Email Address	
* 13.1 I'm willing to help future Erasmus+ participants based on my experience. They can contact me at remail address. Pes No	my
* 13.2 I agree that (parts of) this report can be published and made available to the general public. O Yes, with my name and email address Yes, but anonymised (no name, no email address) No	
* 13.3 I agree that my email address will be used later to contact me for further studies related to the con of this final report or regarding the Erasmus+ programme and EU issues. Yes	
O No	tent

and mobility-related data (the names of my sending and receiving institutions) with the Erasmus+ Student

and Alumni Alliance (ESAA - web link: http://www.esaa-eu.org) for information on professional,

volunteering and networking opportunities with other Erasmus+ students and alumni.

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- I agree
- I do not agree