

Participant Report Form – Call 2019 – KA1 – Learning Mobility of Individuals – Student mobility for traineeships in higher education

ields marked with * are mandatory.

Document code: EP-KA1-HE-Traineeship-2019

1 Purpose of the Participant Report

*2.1 First and last name

This final report on your mobility experience will provide the EU's Erasmus+ programme with valuable information which will benefit both future participants and contribute to the continued improvement of the programme. We are grateful for your co-operation in filling out the questionnaire.

All personal data mentioned in this form will be processed in accordance with Regulation (EC) No 2018 /1725 of the European Parliament and of the Council of 23 October 2018 on the protection of natural persons with regard to the processing of personal data by the European Union institutions, bodies, offices and agencies and on the free movement of such data. This report, once submitted, will be accessible to the coordinating institutions, their national agencies and the European Commission. More details in Specific Privacy statement.

Please make sure you have the information of your Learning Agreement, Grant Agreement and Transcript of Records (if applicable) with you BEFORE you start filling in this report.

2 Identification of the Participant and General Information

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning
usage of the personal information.
2.2 Mobility start data
2.2 Mobility start date
The date on which your mobility activity started, provided for information only. Should this date be incorrect, please contact the person
responsible for management of your mobility to correct this date.

2.3 Mobility end date
The date on which your mobility activity ended, provided for information only. Should this date be incorrect, please contact the persor responsible for management of your mobility to correct this date.
2.4 Email address, where I can be contacted in the future
See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning
usage of the personal information. Please correct this email address if necessary.
2.5 What were your main motivations for training abroad?
Multiple answers are possible.
To do a traineeship in a foreign language
To experience different learning contents
To learn/improve a foreign language
To develop soft skills, such as adaptability, problem solving, curiosity, etc.
To enhance my future employability in my home country
To enhance my future employability abroad
To experience different learning practices
To live abroad and to meet new people
To gain knowledge of another country
To build up a personal and professional network
2.6 What were your additional motivational factors for training abroad? Multiple answers are possible. The length of the traineeship period was appropriate The possibility to receive an Erasmus+ grant The quality of the receiving enterprise/organisation A good alignment of the traineeship abroad with the curriculum at the sending institution Available support in finding accommodation Other 2.7 If other, please specify.
2.8 How did you find out about the possibility to do an Erasmus+ Traineeship? Multiple answers are possible. Website of the sending institution Academic staff at the sending institution

 Friends Erasmus+ Student and Alumni Association Online search Information event
*2.9 Are you planning to take part in Erasmus+ mobility again? O Yes No Undecided
3 Overall Satisfaction
*3.1 How satisfied are you with your Erasmus+ mobility experience in general? Very satisfied Rather satisfied nor dissatisfied Rather dissatisfied Very dissatisfied
*3.2 Would you recommend this experience to another student? Yes No 4 Quality of the Traineeship
*4.1 Do you think that your tasks during the traineeship were relevant to your studies and educational profile? Only partially No
*4.2 Were you satisfied with the degree of supervision you received during your traineeship from the receiving organisation? Very satisfied Rather satisfied nor dissatisfied Rather dissatisfied Very dissatisfied
*4.3 If you had the opportunity, would you work for this receiving enterprise/organisation? O Yes Not sure No

4.4 What were the criteria for you to choose your receiving enterprise/organisation?

1 - most important criterion to 5 - least important criterion

	Very Important	Important	No opinion	Less important	Not important
*Collaboration between my university and enterprises/organisations	0	0	0	0	0
*Traineeship offer	0	0	0	0	0
*Reputation	0	0	0	0	0
*Facilities	0	0	0	0	0
*Feedback from the Erasmus+ alumni	0	0	0	0	0
*Language	0	0	0	0	0
*Country	0	0	0	0	0
*City and culture	0	0	0	0	0
*Social life	0	0	0	0	0
*Other	0	0	0	0	0

*4.5 If other, ple	ease specify.			

5 Academic Recognition of the Traineeship

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* 5 7	Was	VOLIE	traina	eship
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The options below correspond to Table B of the Learning Agreement for Traineeships

- embedded in your curriculum, counting towards the degree
- a voluntary traineeship, not obligatory for the degree
- traineeship for recent graduates
- *5.2 Was it mandatory to realise it abroad?
 - Yes
 - O No

*5.3 Was the Learning Agreement signed by all parties before the start of the traineeship?

Learning Agreement: a binding agreement between the student, the sending institution and the receiving organisation/enterprise (it includes a detailed programme of the traineeship period, including tasks/deliverables, for which the student will receive a Traineeship Certificate).

Yes, all parties signed it before the start

No, some parties signed it after the startThe learning agreement was never signed
The learning agreement was never signed
*5.4 If no, who signed after the start of your traineeship?
Multiple answers are possible.
I (the student) did
The sending institution did
The receiving enterprise/organisation did
*5.5 Was your Learning Agreement changed during your mobility period?
O Yes
O No
*5.6 If yes, why was it changed?
Multiple answers are possible.
I extended my stay abroad
I decided to change the content of the traineeship
The sending institution required some changes
☐ The receiving organisation/enterprise required some changes
Other
*5.7 If other, please specify
5.7 If other, please specify
*5.8 Is the recognition process for your mobility period finalised?
Yes, the process is finalised
No, the recognition process is still on-going
No credits were foreseen in the learning agreement
*5.9 Did you gain academic recognition for your mobility period?
Following successful completion of the Traineeship Programme described in Table A (and, if applicable, A2) of the official Learning
Agreement template, the Sending Institution:
Full recognition : recognises all the credits specified in the final version of the Learning Agreement (in Table B of the official template), according to its commitment and without further requirements than those agreed upon before the mobility.
Partial recognition: does not recognise all the credits specified in the final version of the Learning Agreement (in Table B of the official
template), but only part of it.
No recognition: does not recognise any of the credits specified in the final version of the Learning Agreement (in Table B of the official
template).
Full recognition
Partial recognition
No recognition

*5.10 To what extent do you expect to gain academic recognition for your mobility when the recognition process is finalised? Following successful completion of the Traineeship Programme described in Table A (and, if applicable, A2) of the official Learning Agreement template, the Sending Institution: Full recognition: recognises all the credits specified in the final version of the Learning Agreement (in Table B of the official template), according to its commitment and without further requirements than those agreed upon before the mobility. Partial recognition: does not recognise all the credits specified in the final version of the Learning Agreement (in Table B of the official template), but only part of it. No recognition: does not recognise any of the credits specified in the final version of the Learning Agreement (in Table B of the official template). Full recognition Partial recognition No recognition *5.11 What were the main obstacles to recognition? Content of the traineeship or part of it was not accepted by the sending institution Problems with credit calculation Problems receiving the Traineeship Certificate from the receiving enterprise/organisation Other *5.12 Please specify what kind of obstacles you experienced. *5.13 Did you receive a grade from your sending institution? Yes O No *5.14 Please indicate on what the grade that you received at your sending institution was based. On my Traineeship Certificate On my final report On an interview Other *5.15 Did you receive a Traineeship Certificate from the receiving enterprise/organisation at the end of your traineeship? Yes No, the receiving enterprise/organisation will not provide me with a Traineeship Certificate No, I have not received it yet but the receiving enterprise/organisation will provide me with a Traineeship. Certificate within 5 weeks after the end of my traineeship

*5.16 Was your traineeship recorded by the sending institution in the following documents?

Multiple answers are possible.

Transcript of Records

☐ Diploma Supplement
Europass Mobility Document
*5.17 Was your traineeship recorded by the sending institution in the Europass Mobility document?
Yes
O No
6 Foreign Language Skills and Linguistic Support
- Toroign Earigaago Okino and Errigaiotio Capport
*O.4. Wile at a considering and a considering a constant of the constant of th
*6.1 What was the main language used during your traineeship?
Bulgarian
© Croatian
© Czech
O Danish
Dutch
© English
EstonianFinnish
© French
© German
○ Greek
Hungarian Hida
lrish
ItalianLatvian
Lithuanian Maltese
MaltesePolish
PortugueseRomanian
Slovak
Slovenian
Spanish
Swedish
Albanian
© Icelandic
Letzeburgesch
Macedonian
Moldavian
Montenegrin
Norwegian
Russian
Serbian
Turkish
Ukrainian

	Aragonese
0	Basque
0	Bosnian
0	Breton
0	Catalan
0	Corsican
0	Faroese
0	Gaelic (Scots)
0	Gallegan
0	Limburgan; Limburger; Limburgish
0	Norwegian Bokmael
0	Norwegian Nynorsk
0	Sardinian
0	Walloon
0	Welsh
0	Esperanto
0	Interlingua
0	Other
6.2	If other, please specify
6.3	Do you feel you have improved your skills in this language during your stay abroad?
0	Yes
0	No, I was already fluent
0	No No
6.4	Did you take advantage of any linguistic support in learning this main language?
0	Yes
0	No No
6.5	What kind of support did you receive?
Mult	iple answers are possible.
	Erasmus+ Online Linguistic Support (OLS)
	Language course/training provided by the sending institution
	Language course/training provided by the receiving enterprise/organisation
	Financial support to carry out a self-study (DVD, books)
	Other
6.6	If other, please specify

*6.7 Do you feel that the OLS helped you to improve your language level? O Yes No
*6.8 Overall, how satisfied were you with the OLS experience? Very satisfied Rather satisfied nor dissatisfied Rather dissatisfied Very dissatisfied
*6.9 For how long did you receive linguistic support in the overall? Less than 1 week Between 1 week and 3 weeks Between 3 weeks and 2 months Between 2 and 6 months More than 6 months
*6.10 Approximately, for how many hours in total? Less than 10 hours Between 10 and 30 hours Between 30 and 50 hours More than 50 hours
*6.11 Why didn't you take advantage of linguistic support? Multiple answers are possible. I did not ask for it I did not need it because my knowledge of the foreign language was adequate I did not have time The sending/receiving organisations did not provide it to me Other
*6.12 If other, please specify
*6.13 While staying abroad, did you improve your competence in other languages besides the main one used? Yes No

Which were those languages?

*6.14 Language 1

- Bulgarian
- Croatian
- Czech
- Danish
- Dutch
- English
- Estonian
- Finnish
- French
- German
- Greek
- Hungarian
- Irish
- Italian
- Latvian
- Lithuanian
- Maltese
- Polish
- Portuguese
- Romanian
- Slovak
- Slovenian
- Spanish
- Swedish
- Albanian
- Icelandic
- Letzeburgesch
- Macedonian
- Moldavian
- Montenegrin
- Norwegian
- Russian
- Serbian
- Turkish
- Ukrainian
- Aragonese
- Basque
- Bosnian
- Breton
- Catalan
- Corsican
- Faroese
- Gaelic (Scots)

	Gallegan
	Limburgan; Limburgish
	Norwegian Bokmael
0	Norwegian Nynorsk
0	Sardinian
0	Walloon
0	Welsh
0	Esperanto
0	
0	Interlingua
	Other
*6.15	If other, please specify
6.16	Language 2
	Bulgarian
	Croatian
	Czech
	Danish
0	Dutch
	English
0	Estonian
0	Finnish
0	French
0	German
0	Greek
0	Hungarian
0	Irish
0	Italian
0	Latvian
0	Lithuanian
0	Maltese
0	Polish
0	Portuguese
0	Romanian
0	Slovak
0	Slovenian
0	
0	Spanish Supervisible
0	Swedish
	Albanian
0	Icelandic
0	Letzeburgesch
0	Macedonian
0	Moldavian
	Montenegrin

	N
0	Norwegian
0	Russian
0	Serbian
	Turkish
	Ukrainian
	Aragonese
	Basque
	Bosnian
	Breton
	Catalan
	Corsican
	Faroese
	Gaelic (Scots)
	Gallegan
	Limburgan; Limburgish
	Norwegian Bokmael
	Norwegian Nynorsk
	Sardinian
	Walloon
	Welsh
	Esperanto
	Interlingua
	Other
* 6.17	If other, please specify
7 Pe	ersonal Development
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7.1 Through my stay abroad with Erasmus+, I learned better how to...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
*think logically and draw conclusions (analytical skills)	0	0	0	0	0
*find solutions in difficult or challenging contexts (problem-solving skills)	0	0	0	0	0
*plan and carry out my learning independently	0	0	0	0	0

*use the internet, social media and PCs, e.g. for my studies, work and personal activities	©	0	©	©	0
*use digital skills such as designing, developing, programming and/or managing IT systems, software, apps and websites	•	•	•	•	•
*see the value of different cultures	0	0	0	0	0
*cooperate in teams	0	0	0	0	0
*plan and organise tasks and activities	0	0	0	0	0
*express myself creatively	0	0	0	0	0

7.2 After having taken part in this mobility activity...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
*I am more confident and convinced of my abilities	0	0	0	0	0
*I know better my strengths and weaknesses	0	0	0	0	0
*I am more able to adapt to and act in new situations	0	0	0	0	0
*I am more able to think and analyse information critically	0	0	0	0	0
*I am more tolerant towards other persons' values and behaviour	0	0	0	0	0
*I am more open-minded and curious about new challenges	0	0	0	0	0
* I intend to participate more actively in social and political life of my community	0	0	0	0	0
*I am more interested in knowing what happens in the world daily	0	0	0	0	0
*I am more able to reach decisions	0	0	0	0	0
*I am more able to cooperate with people from other backgrounds and cultures	0	0	0	0	0
*I am more interested in European topics	0	0	0	0	0
*I feel more European	0	0	0	0	0

*I am more aware of social and political concepts like democracy, justice, equality, citizenship, civil rights	©	0	©	0	©
*I have increased my sector- or field- specific skills	0	0	0	0	0

8 Future Prospects of Education, Training and Work

8.1 Thanks to this stay abroad with Erasmus+...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
*I believe that my chances to get a new or better job have increased	0	0	0	0	0
*I have a clearer idea about my professional career aspirations and goals	0	0	0	0	0
*I have better opportunities for traineeships or student jobs in my home country	0	0	0	0	0
*I am better capable of taking over work tasks with high responsibility after my stay abroad	0	0	0	0	0

8.2 How has the stay abroad changed the way you see your future work?

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
*I can easily imagine working abroad at some point in the future	0	0	0	0	0
*I can easily imagine working in the country where I did my Erasmus+ period in the future	0	0	0	•	•
* I would like to work in an international context	0	0	0	0	0

*8.3 Did you participate in any	activity during	your stay abr	road that has le	ed to an innovativ	e product or
discovery?					

	Voo
6	Yes

O No

I don't know

*8.4 If yes, please explain which product or discovery.

9 Practical and Organisational Arrangements	
*9.1 Was the selection procedure at your sending institution fair and transparent? O Yes O No O Unable to judge	
*9.2 How did you find the traineeship position? Through my sending institution Through a mobility consortium that my sending institution is a member of Through an advertisement by the receiving enterprise/organisation By an intermediary organisation Through a website with traineeship offers Through the website erasmusintern.org Through an Erasmus+ Alumni Other	
*9.3 If other, how?	
*9.4 Did you require a visa in order to participate in this mobility? O Yes No	

9.5 If yes, how satisfied were you with assistance related to visa issues?

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied	Not applicable
*provided by your sending institution	0	0	0	0	0	0
* provided by your receiving enterprise /organisation	0	0	0	0	•	0

9.6 How satisfied were you with assistance related to insurance issues?

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied	I did not request assistance related to insurance issues
*provided by your sending institution	0	0	0	0	0	0
*provided by your receiving enterprise /organisation	0	0	0	0	0	0

the	7 Was equal treatment ensured by your red programme? Yes No	ceiving enterp	orise/orga	nisation	during y	our partio	cipation in
	Unable to judge						
* 9.	8 If not please give examples to explain wh	y you believe	e that equ	al treatr	nent was	not ensi	ured.
9.	9 How would you consider your degree of i	ntegration at	your rece	iving en	terprise/	organisa	tion?
		Very good	Good	Fair	Poor	Very poor	Not applicable
	* In the everyday life of the receiving enterprise/organisation	0	0	0	0	0	0
	*With local trainees or employees	©	0	0	0	0	0
	*With other Erasmus+ / international trainees	0	0	0	0	0	0
	*With the local community	0	0	0	0	0	0
ent	10 How satisfied were you with the mentori erprise/organisation? Very satisfied Rather satisfied Neither satisfied nor dissatisfied Rather dissatisfied Very dissatisfied						
ent	11 Did you have a mentor, different from th erprise/organisation?	e supervisor	, for your s	support	while yo	u were in	the
	YesNo						
	12 How satisfied were you with the mentor' Very satisfied Rather satisfied Neither satisfied nor dissatisfied	?					
	Rather dissatisfiedVery dissatisfied						

*9.13 How satisfied were you with the way the receiving enterprise/organisation dealt with any questions, complaints or problems that may have come up during your participation in the programme?
Very satisfied
Rather satisfied
Neither satisfied nor dissatisfied
Rather dissatisfied
Very dissatisfied
· , · · · · · · · · · · · · · · · · · · ·
*9.14 If you had a negative experience concerning practical and organisational arrangements, please
explain.
10 Accommodation and Infrastructure
*10.1 How satisfied were you with the guidance you received from the receiving enterprise/organisation on
how to find accommodation?
Very satisfied
Rather satisfied
Neither satisfied nor dissatisfied
Rather dissatisfied
Very dissatisfied
Not applicable
Trot application
*10.2 How satisfied were you with your accommodation?
Very satisfied
Rather satisfied
Neither satisfied nor dissatisfied
Rather dissatisfied
Very dissatisfied
Voly dissatished
11 Costs
*11.1 Did you receive an Erasmus+ grant from EU funds?
O Yes
O No
*11.2 What was the amount of your monthly Erasmus+ grant as written in your grant agreement?
Only values of at most 999 are allowed
EUR/month

*11.3 Did you receive the payments on time, in line with the dates mentioned in your grant agreement? O Yes No
*11.4 Did you provide all the documentation in time? O Yes No
*11.5 Did you have other sources of funding? O Yes No
*11.6 What other source or sources of funding did you receive? Multiple answers are possible. State and/or regional grant(s) Grant from your sending institution Allowance from your receiving enterprise/organisation Part-time job during your period abroad State or regional loan Private grant(s) Private loan Family Own savings Free or reduced accommodation costs Advantages in kind Other sources
*11.7 What was the monthly amount of the state and/or regional grant(s)? Only values of at most 999 are allowed EUR/month
*11.8 What was your average cost (accommodation and subsistence) per month during your period abroad (EUR)? **Only values of at most 9999 are allowed **EUR/month **11.9 To what extent did the Erasmus+ grant (EU funds only) cover your overall expenses related to your mobility period? **O-25%
26-50%51-75%76-100%

*11.10 Would you have gone on the Erasmus+ stay abroad if you had not received an Erasmus+ grant?

MaybeNo
*11.11 How much did you pay approximately for your travel to and from your receiving enterprise /organisation? Please indicate the price for one return journey. **Only values of at most 9999 are allowed** EUR/one return journey 12 Conclusions, Comments and Recommendations
12.1 If you wish, please give any additional information, observations, comments or recommendations that may be useful for students wishing to go abroad and as well for your sending/receiving institution or organisation, the National Agency or the European Commission in view of improving the Erasmus+ student mobility action.
13 Publication and Usage Rights of the Information and of the Email Address
*13.1 I'm willing to help future Erasmus+ participants based on my experience. They can contact me at my email address. Yes
© No
 No *13.2 I agree that (parts of) this report can be published and made available to the general public. Yes, with my name and email address Yes, but anonymised (no name, no email address)

I do not agree