

Participant Report Form – Traineeships and Jobs

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1 Purpose of the participant report

This report on your European Solidarity Corps experience will provide valuable information which will benefit both future participants and contribute to the continued improvement of the programme. We are grateful for your co-operation in filling out the questionnaire. This exercise should note take no more than 10 minutes.

All personal data mentioned in this form will be processed in accordance with Regulation (EC) No 2018 /1725 of the European Parliament and of the Council of 23 October 2018 on the protection of natural persons with regard to the processing of personal data by the European Union institutions, bodies, offices and agencies and on the free movement of such data. This report, once submitted, will be accessible to the coordinating institutions, their national agencies and the European Commission. More details in Specific Privacy statement.

2 Identification of the Participant and General Information

2.1 First and last name
See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning
usage of the personal information
2.2 PRN
Text of 10 to 16 characters will be accepted
See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning
usage of the personal information.

*2.3 Email address, where you can be contacted in the future

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

Please correct this email address if necessary.

*0 4 D-f	
_	participating in the project, you were mainly
_	il (secondary school student)
_	lent at a university, higher education institution
_	prentice/student in vocational education and training
_	ern/trainee on a work placement
_	time employee
	-time employee
	mployed
	ployed
a volu	nteer
other	
* O	
2.5 II Other	r, please specify.
The Europear qualifications levels defined individuals kn	start of your activity, what was your level of education? A Qualifications Framework (EQF) is a common European reference framework the purpose of which is to make more readable and understandable across different countries and systems. The core of the EQF is its eight reference in terms of learning outcomes, i.e. knowledge, skills and autonomy-responsibility. Learning outcomes express what ow, understand and are able to do at the end of a learning process. Depending on your level of studies, and the country idied, you will have reached a specific EQS level. For more information, refer to your diplomas and certificates, or visit this
Level	
Level	
Level	4
Level	5
Level	6
Level	
Level	
did you have working 50%	starting your activity under the European Solidarity Corps, how many years of work experience e? Please include traineeships and internships, as well as pro-rata part-time (ie, 6 months 6 part-time should be counted as 3 months).
	ork experience
	han one year
_	een one and three years
	een three and five years
More	than five years

*2.8	3 What were your main motivations for taking part in the European Solidarity Corps?		
Mu	Itiple answers are possible.		
[Personal development		
[Professional development		
[Engage in society, do something for others, for the benefit of a local community		
[Improve my curriculum vitae		
[Increase my chances to find a (better) job in the future		
[Learn or deepen my knowledge about a topic		
[Learn or improve a foreign language		
[Establish an international network		
[Live in another country		
[Discover new cultures and lifestyles		
[Feel more European		
[Make new friends		
[Bridge a waiting time/gap		
[Other		
*2.9	9 If other, please specify.		
2.	10 Do you consider that in your life you face some of the following obstacles:		
		Yes	No
	*Disability / special needs – e.g. mental (intellectual, cognitive, learning), physical, sensory		
	or other disabilities	0	0
	of other disabilities	_	
	*Health problems - e.g. chronic health problems, severe illnesses or psychiatric conditions	0	0
	*Educational difficulties - e.g. learning difficulties, early school-leaver, poor school		
	performance	0	0
	*Cultural differences - e.g. immigrant, refugees or with immigrant or refugee family	0	0
	background, belonging to a national or ethnic minority		
	*Economic obstacles - e.g. low standard of living, low income, dependence on social		
	welfare system, long-term unemployment or poverty, debt or with financial problems	0	0
	*Social obstacles - e.g. facing discrimination because of gender, ethnicity, religion, sexual		
	orientation		0
			0
	*Geographical obstacles - e.g. from remote or rural areas, young people living on small		0
	*Geographical obstacles - e.g. from remote or rural areas, young people living on small islands or in peripheral regions, young people from urban problem zones, young people	0	0

3 General satisfaction

*3.1 To what extent did your European Solidarity Corps experience meet your expectations? Fully To a high extent Fairly To a low extent Not at all
*3.2 To what extent were you satisfied with the tasks and activities carried out during your European Solidarity Corps activity? Very satisfied Rather satisfied Neither satisfied nor dissatisfied Rather dissatisfied Very dissatisfied
*3.3 How satisfied are you with your European Solidarity Corps experience in general? Very satisfied Rather satisfied Neither satisfied nor dissatisfied Rather dissatisfied Very dissatisfied
*3.4 How likely is it that you would recommend participation in the European Solidarity Corps to another young person? (1 being not likely at all -10 being very likely) 1 2 3 4 5 6 7 8 9 10
3.5 If you wish, please provide additional comments about your European Solidarity Corps experience. You can highlight both positive and negative aspects. (e.g. did you have adequate tasks and free time during your service? Did the tasks meet your initial expectations?)

4 Quality of the European Solidarity Corps activity

the activity?

*4.1 Did you sign a traineeship agreement or employment contract? © Yes © No
*4.2 Were you involved in the drafting of this agreement/contract? O Yes No
*4.3 Did you receive the European Solidarity Corps Info Kit? Yes, before departure Yes, during the activity No
*4.4 How satisfied were you with the usefulness of the European Solidarity Corps Info Kit? Very satisfied Rather satisfied or dissatisfied Rather dissatisfied Very dissatisfied Very dissatisfied 4.5 What could be included to make it more useful?
*4.6 Did you take part in an Advance Planning Visit (visit ahead of your activity, to prepare for your activity)? O Yes No
*4.7 How satisfied were you with the usefulness of the Advance Planning Visit? Very satisfied Rather satisfied Neither satisfied nor dissatisfied Rather dissatisfied Very dissatisfied
*4.8 Have you received personalised support to help you overcome the above mentioned barriers during

O Yes
O No
*4.9 What type of support did you receive?
*4.10 How satisfied were you with the support received?
Very satisfied
Rather satisfied
Neither satisfied nor dissatisfied
Rather dissatisfied

Very dissatisfied

4.11 To what extent were you satisfied with the following training and evaluation activities organised by the National Agencies?

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied	Not applicable	I was not invited to this training
*On- arrival Training	0	0	0	0	0	0	0
* Mid-term evaluation (only relevant for European Solidarity Corps activity lasting 6 months or longer)	•	•	•	•	•	•	•

4.12 How satisfied were you with the support provided by your supporting organisation (if any) in terms of...

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied	Not applicable
* Information about the European Solidarity Corps	0	0	0	0	0	0
* Preparation before departure (training and information)	•	•	0	0	0	•
*Information about the organisation and the country where your European Solidarity Corps activity took place	•	•	©	•	•	•
* Information about living and working conditions, social security, healthcare, taxation, labour law or pension rights in the host country	•	•	©	•	•	•

* Information about the project/activity details and your tasks, your responsibilities and rights	©	©	©	©	•	•
* Insurance	0	0	0	0	0	0
*Visa	0	0	0	0	0	0
* Assistance, support and mentoring during the activity	0	0	0	0	0	0
* Assistance and guidance to support you after the activity is finished	0	0	©	0	0	0

If you wish, provide additional comments on the support provided by your supporting organisa							

4.14 How satisfied were you with the support provided by the employer/traineeship provider in terms of...

Some of the mentioned tasks might have been carried out by a supporting organisation. In this case, please reply to the answers as if the roles were assumed by the same organisation.

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied	Not applicable
*Task-related training	0	0	0	0	0	0
* Insurance	0	0	0	0	0	0
* Assistance, support and mentoring	0	0	0	0	0	0
*The way the organisation dealt with any issues or problems that may have come up during your participation in the project	•	•	•	•	•	•

4.15 if you wish, provide additional comments on the support provided by your nost organization
*4.16 Did you have a mentor, different from the supervisor, for your support?
O Yes
O No
*4.17 How satisfied were you with the support provided by the mentor?
Very satisfied
Rather satisfied
Neither satisfied nor dissatisfied
Rather dissatisfied
Very dissatisfied
4.18 If you wish, provide additional comments on the support provided by your mentor
*4.10 To what output do you feel you intermeted well in the expension in which you did your pativity.
*4.19 To what extent do you feel you integrated well in the organisation in which you did your activity?
Fully
To a high extent
Fairly
To a low extent
Not at all
o Not at all
*4.20 Did you receive your relocation allowance?
Yes
○ No
O No
*4.21 Have you received remuneration?
*4.21 Have you received remuneration?
*4.21 Have you received remuneration? © Yes
*4.21 Have you received remuneration? Yes No
*4.21 Have you received remuneration? Yes No *4.22 Was the remuneration paid as agreed in the agreement/contract?
*4.21 Have you received remuneration? Yes No

those of local/national employees?
© Fully
To a high extent
© Fairly
To a low extent
Not at all
*4.24 Have you made use of the European Solidarity Corps insurance? Have you contacted the insurance company or submitted a claim? © Yes
O No
TWO TWO
*4.25 How satisfied were you with the health insurance?
Very satisfied
Rather satisfied
Neither satisfied nor dissatisfied
Rather dissatisfied
Very dissatisfied
4.26 Provide any comments you may have on the health insurance scheme.
4.27 If you wish, provide additional comments about the quality of the overall practical arrangements in your European Solidarity Corps (you can highlight both positive and negative aspects).
E Making a change?
5 Making a change?
*5.1 How satisfied were you with the opportunities to interact with your target group (i.e. direct
beneficiaries of the activity you were involved in such as children, disabled people etc)?
Very satisfied
Rather satisfied
Neither satisfied nor dissatisfied
Rather dissatisfied
Very dissatisfied

*5.2 To what extent did you interact with the target group?
© Fully
To a high extent
© Fairly
To a low extent
Not at all
*5.3 Do you feel you made a positive change with respect to your target group?
© Yes
© No
*5.4 What kind of change did you make?
Multiple answers are possible
Provided support to disadvantaged target groups
Promoted intercultural learning, openness and dialogue
Contributed towards environmental management or conservation
Raised awareness about EU and European identity
Raised awareness about the benefits of volunteering
Participated in activities/offered services that would otherwise not be available
Other
- Other
*E.E. If other places enesity
*5.5 If other, please specify.
*5.6 How satisfied are you with the impact of your activities on the target group?
Very satisfied
Rather satisfied
Neither satisfied nor dissatisfied
Rather dissatisfied
Very dissatisfied
Very dissatished
*5.7 Do you feel you made a positive change with respect to the locals in the wider community (beyond
your target group)?
© Yes
O No
5.8 If you wish, please give additional comments about the impact you made with respect to the target
group or the wider community.

6 Learning outcomes

6.1 Through my participation in this activity I learned better how to...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
*think logically and draw conclusions (analytical skills)	©	0	0	0	0
*find solutions in difficult or challenging contexts (problem-solving skills)	©	0	0	0	0
*plan and carry out my learning independently	0	0	0	0	0
*express myself creatively	0	0	0	0	0
*use internet, social media and PCs, e. g. for my studies, work and personal activities	0	0	0	0	0
*communicate and express myself in my mother tongue	0	0	0	0	0
*develop an idea and put it into practice	0	0	0	0	0
*see the value of different cultures	0	0	0	0	0
*cooperate in teams	0	0	0	0	0
*plan and organise tasks and activities	0	0	0	0	0

6.2 After having taken part in this activity...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
*I am more confident and convinced of my abilities	0	0	0	0	0
*I know better my strengths and weaknesses	0	0	0	0	0

*I am more able to adapt to and act in new situations	0	0	0	0	0
*I am more able to think and analyse information critically	0	0	0	0	0
*I am more tolerant towards other persons' 'values and behaviour	0	0	0	0	0
*I am more open-minded and curious about new challenges	0	0	0	0	0
*I intend to participate more actively in the social and political life of my community	©	0	0	0	0
*I am more interested in knowing what happens in the world daily	0	0	0	0	0
*I am more able to reach decisions	0	0	0	0	0
*I am more able to cooperate with people from other backgrounds and cultures	0	0	0	0	0
*I am more interested in European topics	©	0	0	0	0
*I feel more European	0	0	0	0	0
*I am more aware of social and political concepts like democracy, justice, equality, citizenship, civil rights	0	0	©	0	0

6.3 Moreover...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
*I learned how to produce media or social media content on my own	0	0	0	0	0
*I am more able to discuss political and social topics seriously	0	0	0	0	0
*I realise I now learn better or with more pleasure	0	0	0	0	0
* I am more receptive to Europe's' Multiculturalism	0	0	0	0	0
* I feel more confident to move around on my own in other countries (e.g. travel, study, work placement internship, job etc.)	0	0	0	0	0

*I am more committed to work against discrimination, intolerance, xenophobia or racism	•	0	•	•	•
*I am more aware of the fact that some people in our society have fewer opportunities	0	0	•	•	•
*I am more willing to express my opinions to the others and stand up for them	0	0	0	0	0
*I am more willing to take action to change the things that do not work in my surroundings	0	0	0	•	•

_	ou wish, provide a and negative aspo	ents about yo	ur personal ad	chievements (y	ou can highl	ight both

7 Future Prospects of Education, Training and Work

7.1 Thanks to this European Solidarity Corps activity...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
*I have a clearer idea about my further educational path	0	0	0	0	0
*I am planning to engage in further education opportunities (formal, nonformal, vocational training)	•	0	•	•	0
*I believe that my chances to get a new or better job have increased	0	0	0	0	0
*I have a clearer idea about my professional career aspirations and goals	0	0	0	0	0
*I have gained additional skills and knowledge that will be useful in my future career/jobs	0	0	•	•	•
*I envisage looking for further opportunities in my host country	0	0	0	0	0

	*I envisage lookir opportunities abro	_	r further	0	0	0	0	©		
(*7.2 Do you intend to continue to remain engaged and active in the area of solidarity on your return? Yes No									
whe	en you return home Fully To a high extent Fairly To a low extent Not at all	e?	d you like to connect v			ean Solidarity	/ Corps parti	cipants		
8 F	Foreign Lang	Jac	ge Skills and Li	nauistic S	Support					
	Orcigii Larige	Jaç	ge Okins and En	iguistic (Барроп					
*8.	What was the ma	ain I	anguage used during	your Europe	an Solidari	ty Corps?				
(Bulgarian		Macedonian							
(Croatian		Moldavian							
(Czech		Montenegrin							
(Danish		Norwegian							
(Dutch		Russian							
(English		Serbian							
(
	Estonian		Turkish							
(Estonian Finnish	<!--</th--><th>Turkish Ukrainian</th><th></th><th></th><th></th><th></th><th></th>	Turkish Ukrainian							
	Finnish	0	Ukrainian							
	Finnish French	0	Ukrainian Aragonese							
	Finnish French German	0	Ukrainian Aragonese Basque							
(Finnish French German Greek	0	Ukrainian Aragonese Basque Bosnian							
(Finnish French German Greek Hungarian		Ukrainian Aragonese Basque Bosnian Breton							
()	Finnish French German Greek Hungarian Irish		Ukrainian Aragonese Basque Bosnian Breton Catalan							
0	Finnish French German Greek Hungarian Irish Italian		Ukrainian Aragonese Basque Bosnian Breton Catalan Corsican							
0	Finnish French German Greek Hungarian Irish Italian Latvian		Ukrainian Aragonese Basque Bosnian Breton Catalan Corsican Faroese							
0	Finnish French German Greek Hungarian Irish Italian Latvian Lithuanian		Ukrainian Aragonese Basque Bosnian Breton Catalan Corsican Faroese Gaelic (Scots)	; Limburgish						

*I envisage looking for further

Romanian	Norwegian Nynorsk
Slovak	Sardinian
Slovenian	Walloon
Spanish	Welsh
Swedish	Esperanto
Albanian	Interlingua
Icelandic	Other
Letzeburgesch	ı
Ç	
*8.2 If other, please	specify
*8.3 Do you feel you	u have improved your skills in this language during your stay abroad?
Yes	
No, I was alrea	ady fluent
O No	
*8.4 Did vou take ad	dvantage of linguistic support in learning this main language?
Yes	aranage er migasene esppera misearing and manifest anguage
O No	
O NO	
* 0 = \M/b a t laimed at a.	
	upport did you receive?
Multiple answers are pos	
_	rse/training provided by the supporting organisation
_	
_	rse/training provided by the host organisation
_	rse/training provided both by the supporting and host organisations
_	ort to carry out a self-study (books, apps)
Other	
-	receive the linguistic support?
Before going a	
During my stay	
Before going a	broad and during my stay
_	lid you receive linguistic support in total?
Less than 1 we	
Between 1 wee	ek and 3 weeks
Between 3 wee	eks and 2 months
Between 2 and	d 6 months
More than 6 m	onths
*8.8 Approximately,	for how many hours in total?
Less than 10 h	iours

Between 10 and 30 hoursBetween 30 and 50 hoursMore than 50 hours		
*8.9 Why didn't you take advantage I did not ask for it I did not need it because my kno I did not have time The organisations did not provid Other	owledge of the foreig	
*8.10 While staying abroad, did you used? O Yes No	improve your comp	petence in other languages besides the main one
*8.11 Which were those languages? Multiple answers are possible Bulgarian Croatian Lithuanian Czech Maltese Danish Polish Dutch Portuguese English Romanian Estonian Slovak Finnish Slovenian French Spanish German Swedish Greek Albanian Hungarian Italian Macedonian	Moldavian Montenegrin Norwegian Russian Serbian Turkish Ukrainian Aragonese Basque Bosnian Breton Catalan	Gaelic (Scots) Gallegan Limburgan; Limburger; Limburgish Norwegian Bokmael Norwegian Nynorsk Sardinian Walloon Welsh Esperanto Interlingua Other
*8.12 If other, please specify.		
-		he foreign language skills developed and the urity Corps (you can highlight both positive and

9 Certification and Formal Recognition

*9.1 Have you received a certificate, diploma of acquired during your European Solidarity Corps Yes No *9.2 If not, please explain why.		hat describ	es and valida	ates the com	petences
o.z. ii not, piedo expidiri wiiy.					
*9.3 Which certificate/diploma/document? Youthpass Europass Other					
*9.4 If other, please specify.					
*9.5 Did you describe skills and competences a Ves No	acquired duri	ng your act	ivity on your	Youthpass of	pertificate?
*9.6 Was the process of preparing and complete through reflections, meetings, monitoring of lear Yes No To some degree 9.7 As a result of the use of Youthpass in my page 1.5 and 1.5 are sufficiently processed in the superior of the supe	rning outcom	-	iicate integra	ated in the pr	oject (e.g.
	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree

*I became better aware of what I learned during the project		1			
	©		0	0	0
*I am more aware of what I can learn from my participation in a project	0		0	0	0
* I understand more clearly what kind of skills and competences I would like to improve or obtain in the future	0		0	0	0
* I can better explain to others what I learned during my project	0		0	0	0
8 In the future I intend to use my Youthpass certificate					
	Yes	No		on't ow	
*when applying for a job	0	0	(
*when applying for a traineeship or internship	0	0	(
*when applying for an apprenticeship or vocational training	0	0	(
*when applying for higher education					
*when setting up a business	0	0	0		
9 If you wish, provide additional comments about this as gative aspects).	pect (you	can hi	ghlight b	ooth positive	e and
Personal Comments and Recommenda	ations				

11 Publication and Usage Rights of the Information and of Email

*11.1 I am willing to help future participants based on my experience. They can contact me at my e-mail address.
O Yes
O No
*11.2 I agree that (parts of) this report can be published and made available to the general public. O Yes, with my name and e-mail address Yes, but anonymised (no name and no e-mail address) No
*11.3 I agree that my email address will be used later to contact me for further studies related to the content of this final report or regarding the European Solidarity Corps and EU issues. Yes No