



# Participants Report Form – Solidarity Projects

Fields marked with \* are mandatory.

Document code: ESC-Solidarity-2018

## 1 Purpose of the participant report

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This report on your European Solidarity Corps experience will provide valuable information which will benefit both future participants and contribute to the continued improvement of the programme. We are grateful for your co-operation in filling out the questionnaire. This exercise should not take more than 10 minutes.

All personal data mentioned in this form will be processed in accordance with Regulation (EC) No 2018 /1725 of the European Parliament and of the Council of 23 October 2018 on the protection of natural persons with regard to the processing of personal data by the European Union institutions, bodies, offices and agencies and on the free movement of such data. This report, once submitted, will be accessible to the coordinating institutions, their national agencies and the European Commission. More details in [Specific Privacy statement](#).

## 2 Identification of the Participant and General Information

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### \* 2.1 First and last name

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

### \* 2.2 PRN

*Text of 10 to 16 characters will be accepted*

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

### \* 2.3 Email address where you can be contacted in the future

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

Please correct this email address if necessary.

\* 2.4 At the start of your Solidarity Project, you were mainly...

- a pupil (secondary school student)
- a student at a university, higher education institution
- an apprentice/student in vocational education and training
- an intern/trainee on a work placement
- a full-time employee
- a part-time employee
- self-employed
- unemployed
- a volunteer
- other

\* 2.5 If other, please specify.

\* 2.6 At the start of your Solidarity Project, what was your level of education?

The European Qualifications Framework (EQF) is a common European reference framework the purpose of which is to make qualifications more readable and understandable across different countries and systems. The core of the EQF is its eight reference levels defined in terms of learning outcomes, i.e. knowledge, skills and autonomy-responsibility. Learning outcomes express what individuals know, understand and are able to do at the end of a learning process. Depending on your level of studies, and the country where you studied, you will have reached a specific EQS level. For more information, refer to your diplomas and certificates, or visit [this page](#).

- Level 1
- Level 2
- Level 3
- Level 4
- Level 5
- Level 6
- Level 7
- Level 8

\* 2.7 Before participating in the Solidarity Project, how many years of work experience did you have?

Please include traineeships and internships, as well as pro-rata part-time (ie, 6 months working 50% part-time should be counted as 3 months).

- No work experience
- Less than one year
- Between one and three years
- Between three and five years
- More than five years

\* 2.8 What were your main motivations for carrying out this Solidarity Project?

Multiple answers are possible.

- Personal development
- Professional development
- Engage in society, do something for others, for the benefit of a local community
- Improve my curriculum
- Increase my chances to find a (better) job in the future
- Learn or deepen my knowledge about a topic
- Make new friends
- Bridge a waiting time/gap
- Other

\*2.9 If other, please specify.

2.10 Do you consider that in your life you face some of the following obstacles:

	Yes	No
* Disability / special needs – <i>e.g. mental (intellectual, cognitive, learning), physical, sensory or other disabilities</i>	<input type="radio"/>	<input type="radio"/>
* Health problems - <i>e.g. chronic health problems, severe illnesses or psychiatric conditions</i>	<input type="radio"/>	<input type="radio"/>
* Educational difficulties - <i>e.g. learning difficulties, early school-leaver, poor school performance</i>	<input type="radio"/>	<input type="radio"/>
* Cultural differences - <i>e.g. immigrant, refugee or with immigrant or refugee family background, belonging to a national or ethnic minority</i>	<input type="radio"/>	<input type="radio"/>
* Economic obstacles - <i>e.g. low standard of living, low income, dependence on social welfare system, long-term unemployment or poverty, debt or financial problems</i>	<input type="radio"/>	<input type="radio"/>
* Social obstacles - <i>e.g. facing discrimination because of gender, ethnicity, religion, sexual orientation</i>	<input type="radio"/>	<input type="radio"/>
* Geographical obstacles - <i>e.g. from remote or rural areas, young people living on small islands or in peripheral regions, young people from urban problem zones, young people from less serviced areas (limited public transport, poor facilities)</i>	<input type="radio"/>	<input type="radio"/>

\*2.11 Did you take part in a networking activities organised by the National Agency to support the qualitative implementation of your project?

- Yes
- No

\*2.12 How satisfied were you with this activity?

- Very satisfied

- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

\*2.13 Was your project supported by a coach?

- Yes
- No

\*2.14 Did you personally benefit from the support offered by the coach?

- Yes
- No

\*2.15 How satisfied were you with the support of the coach?

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

### 3 General satisfaction

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\*3.1 To what extent did your European Solidarity Corps experience meet your expectations?

- Fully
- To a high extent
- Fairly
- To a low extent
- Not at all

\*3.2 To what extent are you satisfied with the cooperation within the group?

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

\*3.3 How satisfied are you with your European Solidarity Corps experience in general?

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

\*3.4 How likely is it that you would recommend participation in the European Solidarity Corps to another young person? (1 being not likely at all -10 being very likely)

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

3.5 If you wish, provide additional comments about your European Solidarity Corps experience. You can highlight both positive and negative aspects.

## 4 Making a change?

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\* 4.1 Do you feel you made a positive change with respect to your target group?

- Yes
- No
- Not relevant

\* 4.2 How satisfied are you with the impact of your project?

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

4.3 If you wish, provide additional comments about the impact you had on your target groups or the wider local community

## 5 Learning outcomes

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5.1 Through my participation in this activity I learned better how to...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
* think logically and draw conclusions (analytical skills)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* find solutions in difficult or challenging contexts (problem-solving skills)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* plan and carry out my learning independently	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* express myself creatively	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* use internet, social media and PCs, e. g. for my studies, work and personal activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* communicate and express myself in my mother tongue	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* develop an idea and put it into practice	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* see the value of different cultures	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* cooperate in teams	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* plan and organise tasks and activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

5.2 After having taken part in this activity...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
* I am more confident and convinced of my abilities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I know better my strengths and weaknesses	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more able to adapt to and act in new situations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more able to think and analyse information critically	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more tolerant towards other persons' values and behaviour	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more open-minded and curious about new challenges	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* I intend to participate more actively in the social and political life of my community	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more interested in knowing what happens in the world daily	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more able to reach decisions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more able to cooperate with people from other backgrounds and cultures	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more interested in European topics	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I feel more European	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more aware of social and political concepts like democracy, justice, equality, citizenship, civil rights	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

### 5.3 Moreover...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
* I learned how to produce media or social media content on my own	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more able to discuss political and social topics seriously	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I realise I now learn better or with more pleasure	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more receptive to Europe's multiculturalism	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I feel more confident to move around on my own in other countries (e.g. travel, study, work placement internship, job etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more committed to work against discrimination, intolerance, xenophobia or racism	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more aware of the fact that some people in our society have fewer opportunities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more willing to express my opinions to the others and stand up for them	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* I am more willing to take action to change the things that do not work in my surroundings	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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5.4 If you wish, provide additional comments about your personal achievements (you can highlight both positive and negative aspects).

## 6 Future Prospects of Education, Training and Work

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6.1 Thanks to this European Solidarity Corps activity...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
* I have a clearer idea about my further educational path	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am planning to engage in further education opportunities (formal, non-formal, vocational training)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I believe that my chances to get a new or better job have increased	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I have a clearer idea about my professional career aspirations and goals	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I have gained additional skills and knowledge that will be useful in my future career/jobs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

\* 6.2 Do you intend to continue to be involved in activities carried out in the frame of your Solidarity Project?

- Yes  
 No

\* 6.3 Are you planning to take part in further European Solidarity Corps activities?

- Yes  
 No

\* 6.4 Do you intend to remain engaged and active in the area of solidarity?

- Yes



No

6.5 If you wish, provide additional comments about your future.

## 7 Certification and Formal Recognition

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\*7.1 Was the learning acquired and developed in this Solidarity Project documented through a recognition tool such as Youthpass?

- Yes  
 No

\*7.2 If not, please explain why.

\*7.3 Which certificate/diploma/document was used to document this learning?

Multiple answers are possible

- Youthpass  
 Europass  
 Other

\*7.4 If other, please specify.

\*7.5 Did you describe skills and competences acquired during your project on your Youthpass certificate?

- Yes  
 No

\*7.6 Was the process of preparing and completing the Youthpass certificate integrated in the project (e.g. through group reflections, monitoring of learning outcomes)?

- Yes

- No
- To some degree

7.7 As a result of the use of Youthpass in my project...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
* I became better aware of what I learned during the project	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more aware of what I can learn from my participation in a project	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I understand more clearly what kind of skills and competences I would like to improve or obtain in the future	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I can better explain to others what I learned during my project	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

7.8 In the future I intend to use my Youthpass certificate...

	Yes	No	I don't know
* when applying for a job	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* when applying for a traineeship or internship	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* when applying for an apprenticeship or vocational training	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* when applying for higher education	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* when setting up a business	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

7.9 If you wish, provide additional comments about this aspect (you can highlight both positive and negative aspects).

## 8 General Comments and Recommendations

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8.1 If you wish, provide any additional information, observations, comments or recommendations that may be useful for future projects as well as to the National Agency or the European Commission.

## 9 Publication and Usage Rights of the Information and of Email

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\*9.1 I am willing to help future participants based on my experience. They can contact me at my e-mail address.

- Yes
- No

\*9.2 I agree that (parts of) this report can be published and made available to the general public.

- Yes, with my name and e-mail address
- Yes, but anonymised (no name and no e-mail address)
- No

\*9.3 I agree that my email address will be used later to contact me for further studies related to the content of this final report or regarding the European Solidarity Corps and EU issues.

- Yes
- No